





COURSE INFORMATION 3 kilometres

First transition City Trailrunning > Swimming 05:45

First to finish - Swimmin

06:20 **Cut-off time**

Points to note

09:00

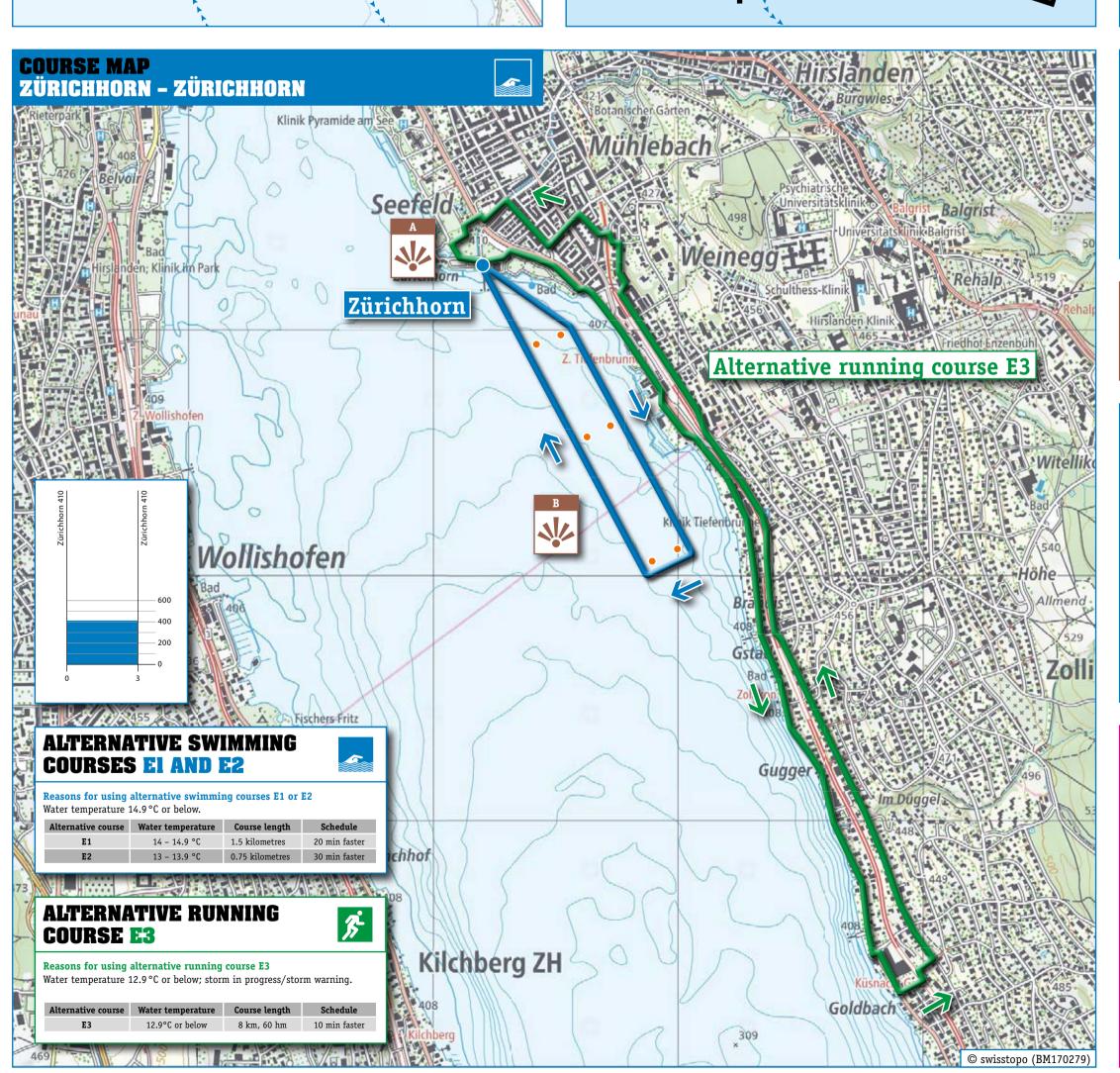
TempoSport offers a wetsuit zip opening service as swimmers leave the water.

After the swim course the swimmer runs 200 meters before entering the transition zone.

Every summer sees cinema at its most exciting against the idyllic backdrop of the Zürichhorn. The open-air evening cinema on Lake Zurich has had over 50 000 film buffs flocking to see blockbusters, arthouse movies and exclusive previews for nigh on 30 years. The star performances, heroic deeds and mini-dramas will not be played out on the big screen today, however, but in the waters of Lake Zurich in the light of the rising sun. The transition zone for Singles and Couples extends across the lake shore in front of «Heureka», a masterpiece by the Swiss sculptor Jean Tinguely, whilst Teams of Five prepare for action near the Lakeside Casino. Clad in neoprene in case the weather turns against them, the Gigthletes hurtle down the ramp and throw themselves into the cold water long before the first boat on Lake Zurich comes in to dock or the sun worshippers fight for space at the nearby Tiefenbrunnen lido. For two hours, 1800 arms and legs will leave a trail of foam all the way to the municipality of Zollikon on the Gold Coast and back to the bay. With every intake of breath, the swimmers will be peering through their goggles at either the Albis or Pfannenstil chain of peaks. If the weather is fine, anyone taking a bit more time will also be able to make out the alpine panorama on the south horizon or get their bearings from the silhouette of the city of Zurich after the turning point so that they can head directly for the stage

destination.





METROPOLITAN SATURDAY, 8 JULY 2017

Disciplines	Location	First Gigathlete expected	Cut-off time	
Start of City Trailrunning	Zürich Saalsporthalle	Mass start 05:00	-	
City Trailrunning – Swimming	Zürichhorn	05:45	07:30	
Swimming - Cycling	Zürichhorn	06:20	09:00	
Cycling - Running	Uster Buchholz	08:35	13:45	
Running – Biking	Uster Buchholz	09:45	16:45	
Biking finish	Zurich Saalsporthalle	12:05	21:30	

HIGHLIGHTS **EN ROUTE**

A Start as the sun rises with a panoramic view of B View over the city of Zurich

LOGISTICS & TRANSPORT

Team of Five: The swimmer travels by shuttle bus from the Saalsporthalle to the Zürichhorn transition zone. Couple: The swimmer travels by shuttle bus from the Saalsporthalle to the Zürichhorn transition zone. The supporter rides the bike following the white Gigathlon directional signs 4 km from the Saalsporthalle to the Zürichhorn transition zone.

Single: The supporter rides the bike following the white Gigathlon directional signs 4 km from the Saalsporthalle to the Zürichhorn transition zone.

The swimmer brings dry clothing for the city trailrunner to the Zürichhorn transition zone.

There is a limited number of outside showers at the Tiefenbrunnen lido.

Onward travel/return travel

Team of Five: The swimmer wishing to cheer on his team can travel to the Uster Buchholz transition zone on public transport.

Couple: The swimmer and supporter travel on to the Uster Buchholz transition zone on public transport. **Single:** The supporter travels to the Uster Buchholz transition zone on public transport.

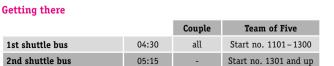
Transport ticket

On Saturday the accreditation (wristband) together with the ZVV special ticket allow wearers to use public transport on the Zürcherverkehrsverbund (ZVV) network.









Onward travel to Uster (with the ZVV special ticket)

	S16	S6		S16	S6	
Dep. Zurich, Tiefenbrunnen	xx:08	xx:23		xx:38	xx:53	
Arr. Zurich, Stadelhofen	xx:10	xx:26		xx:40	xx:56	
change	S15	S5	S9	S15	S5	S9
Dep. Zurich, Stadelhofen	xx:13	xx:28	xx:31	xx:43	xx:58	xx:01
Arr Heter	vv·2/	AA+30	vv·/0	vv·5/	vv·00	vv·10

From Uster railway station to the transition zone by foot, follow the white Gigathlon directional signs (1.5 km). Alternatively, take the bus to the Uster, Reithalle bus stop. It is then 450 m by foot to the transition zone.

	Bus 812	Bus 830*	Bus 812	Bus 827	Bus 812	Bus 830	Bus 812	*ab 9:01
Dep. Uster	xx:00	xx:01	xx:15	xx:16	xx:30	xx:31	xx:45	
Arr. Uster, Reithalle	xx:03	xx:04	xx:18	xx:19	xx:33	xx:34	xx:48	